

## **Biography**

### **Robert F. DeBusk, M.D.**

Robert F. DeBusk, MD, is Professor of Cardiovascular Medicine at the Stanford University School of Medicine, at Stanford, California. He was educated at Stanford and Harvard Universities, spent two years at the Public Service Hospital in Baltimore and two years in the private practice of internal medicine and cardiology in San Francisco before joining the Stanford University School of Medicine faculty. In 1973 he founded and continues to direct the Stanford Cardiac Rehabilitation Program, a research program devoted to the development of integrated systems for chronic disease management.

In 1988, Dr. DeBusk and his colleagues created the MULTIFIT program, a physician-directed, nurse-managed home-based system for the management of heart failure, coronary disease, hypertension and diabetes mellitus.

Dr. DeBusk and his colleagues have collaborated closely with their colleagues in the Kaiser Permanente Medical Care Program of Northern California, to disseminate the MULTIFIT program into Kaiser Permanente facilities throughout the US.

In 1996, Stanford University licensed the disease management program created by the Stanford Cardiac Rehabilitation Program, MULTIFIT, to Ralin Medical, Inc., (later CorSolutions and most recently, in 2006, Matria Health, Inc.

Dr. DeBusk is the author of over 100 peer-reviewed scientific publications, and consults nationally and internationally on many aspects of cardiovascular disease including early Post-MI recovery, sexual activity, and care management.

Dr. DeBusk continues to attend on patients hospitalized for treatment of cardiovascular disease at Stanford Hospital and Clinics.